



Raymond J. Carta

Counsel

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Stamford — 203.462.7530

Raymond J. Carta litigates disputes related to group welfare benefits, the Employee Retirement Income Security Act (ERISA), health insurance, disability insurance, and life insurance coverage.

Raymond has extensive experience handling a range of complex and sophisticated civil litigation matters. His experience includes trying both jury and bench trials as first and second chairs as well as drafting and successfully arguing motions to dismiss, to strike, for summary judgment, and *in limine*, for various insurance defense matters in multiple jurisdictions.

Raymond's background includes resolving numerous cases through arbitrations, mediations, and pre-trial conferences, and conducting depositions of parties, fact witnesses, and expert witnesses. He has managed numerous litigation files from inception to trial, including making demands for and issuing responses to demands for discovery. Raymond has also conducted investigations into claims prior to litigation, interviewing various fact witnesses and medical professionals to defend and evaluate possible lawsuits.

Raymond has worked as a judicial intern for the Honorable Vanessa Bryant and the Honorable Dominic Squatrito in the U.S. District Court of Connecticut.

Raymond has volunteered with local organizations in Stamford, even serving as the President of a non-profit childcare center.

Services

- Managed Care + ERISA Litigation
- Health + Welfare Plans

Education

- University of Connecticut School of Law (Juris Doctor)
 - Connecticut Insurance Law Journal, Research Editor
 - Moot Court Board member
 - CALI Excellence Award in Lawyering Process and Corporate Finance
- Bowdoin College (Bachelors)
 - B.A., Government and Legal Studies

Admissions

- State of Connecticut

- State of New Jersey
- State of New York
- Commonwealth of Pennsylvania
- U.S. District Court, District of Connecticut
- U.S. District Court, District of New Jersey
- U.S. District Court, Eastern District of New York
- U.S. District Court, Southern District of New York
- U.S. Court of Appeals, 2nd Circuit

Recognitions

Robinson+Cole Mentor of the Year Award, 2024

Fairfield County Business Journal, 2024 "40 Under Forty" honoree

Selected as a Rising Star to the Connecticut *Super Lawyers* list from 2019 to 2025

Leadership + Memberships

Leadership of Fairfield County

Member, 2024 Cohort

Beardsley Zoo

Member, Board of Directors